

# Schedule of Classes

## Skating Academy Mission:

The Skating Academy at Ice Station is committed to providing our skaters with the most courteous attention and service possible. We will teach our Skating Academy skaters the basic skills of each level in accordance with the standards of the Ice Skating Institute. Our goal is for every skater to correctly learn all the skills introduced in a level before advancing to the next level. Our professional instructors will motivate skaters to improve their abilities while offering a challenging, yet fun curriculum. We will strive to improve our programs for our most valuable asset - our skaters.

### Tot Classes

**\*\*We strongly recommend helmets for tot skaters\*\***

#### Tiny Tots (Ages 2 & up)

**\*\*Parent or Adult may skate with their child\*\***

Mondays 10:30am - 11:00am  
 Tuesdays 5:15pm - 5:45pm  
 Wednesdays 5:45pm - 6:15pm  
 Saturdays 9:30am - 10:00am

#### Ice Tots 1 (Ages 4 & up)

Mondays 10:00am - 10:30am  
 Tuesdays 5:15pm - 5:45pm  
 Wednesdays 5:45pm - 6:15pm  
 Saturdays 9:30am - 10:00am  
 Saturdays 10:00am - 10:30am



#### Ice Tots 2

*Prerequisite: Ice Tots 1*  
 Tuesdays 5:15pm - 5:45pm  
 Wednesdays 5:45pm - 6:15pm  
 Saturdays 9:30am - 10:00am

#### Tot Stars

*Prerequisite: Ice Tots 2*  
 Tuesdays 5:45pm - 6:15pm  
 Wednesdays 5:45pm - 6:15pm  
 Saturdays 9:30am - 10:00am

### Adult Classes

#### Adult 1

Tuesdays 5:15pm - 5:45pm  
 Saturdays 9:00am - 9:30am

#### Adult 2

Tuesdays 5:45pm - 6:15pm

#### Coffee Club

Wednesdays 12:00pm - 12:30pm

### Youth Beginner Classes

#### Beginning 1 (Ages 6 & up)

Tuesdays 5:45pm - 6:15pm  
 Wednesdays 5:15pm - 5:45pm  
 Wednesdays 6:15pm - 6:45pm  
 Saturdays 9:00am - 9:30am

#### Pre Alpha 1 (Ages 6 & up)

Mondays 4:00pm - 4:30pm  
 Tuesdays 5:45pm - 6:15pm  
 Wednesday 5:15pm - 5:45pm  
 Wednesdays 6:15pm - 6:45pm  
 Saturdays 9:00am - 9:30am  
 Saturdays 10:00am - 10:30am



#### Pre Alpha 2

*Prerequisite: Pre Alpha 1*  
 Mondays 4:30pm - 5:00pm  
 Tuesdays 5:45pm - 6:15pm  
 Wednesdays 5:15pm - 5:45pm  
 Wednesdays 6:15pm - 6:45pm  
 Saturdays 9:00am - 9:30am  
 Saturdays 10:00am - 10:30 am

### Synchronized Skating

#### California Girls

*Audition Required*  
 Tuesdays 6:15pm - 7:00pm

#### Ice Angels

*Costume & competition fees additional.*  
 Saturdays 10:30am - 11:00am

### Specialty Class

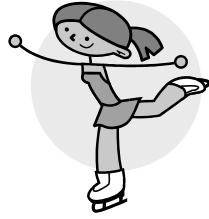
#### Ballet on Ice

*Prerequisite: Beta 2*  
 Wednesdays 6:15pm - 6:45pm

## Figure Skating Classes

### Alpha 1

Mondays 4:30pm - 5:00pm  
Tuesdays 5:15pm - 5:45pm  
Wednesdays 5:15pm - 5:45pm  
Wednesdays 6:15pm - 6:45pm  
Saturdays 9:00am - 9:30 am



### Alpha 2

Tuesdays 5:15pm - 5:45pm  
Wednesdays 5:15pm - 5:45pm  
Wednesdays 6:15pm - 6:45pm  
Saturdays 9:00am - 9:30 am

### Beta 1

Tuesdays 5:15pm - 5:45pm  
Wednesdays 5:15pm - 5:45pm  
Saturdays 9:00am - 9:30 am

### Beta 2

Tuesdays 5:15pm - 5:45pm  
Wednesdays 5:15pm - 5:45pm  
Saturdays 9:00am - 9:30 am

### Gamma / Delta

Tuesdays 5:15pm - 5:45pm  
Wednesdays 5:45pm - 6:15pm  
Saturdays 9:30am - 10:00 am

### Freestyle Low

Tuesdays 5:45pm - 6:15pm  
Wednesdays 5:45pm - 6:15pm  
Saturdays 9:30am - 10:00 am

### Freestyle High

Tuesdays 5:45pm - 6:15pm  
Wednesdays 5:45pm - 6:15pm  
Saturdays 9:30am - 10:00 am

### Advanced Freestyle

Tuesdays 5:45pm - 6:15pm  
Wednesdays 5:45pm - 6:15pm  
Saturdays 9:30am - 10:00 am



### Intro to Freestyle

*Must be enrolled in an Alpha - Delta class*  
Tuesdays 5:45pm - 6:15pm  
Wednesdays 6:15pm - 6:45pm

## Off-Ice Classes

### Ballet for Skaters

Saturdays 10:30am - 11:00am

### Advanced Ballet for Skaters

*Prerequisite: Coach approval*  
Tuesdays 5:00pm - 6:00pm  
Thursdays 5:00pm - 6:00pm

### Advanced Off-Ice Jump

*Coach approval required*  
Tuesdays 5:15pm - 6:00pm



## Hockey Classes

### Hockey Tots Skating Skills 1

Wednesdays 5:15pm - 5:45pm

### Hockey Tots Stick 1 (Gear Required)

Wednesdays 5:45pm - 6:15pm

### Hockey Tots Skating Skills 2

Wednesdays 5:15pm - 5:45pm

### Hockey Tots Stick 2 (Gear Required)

Wednesdays 5:45pm - 6:15pm

### Beginning Hockey

*Must skate in hockey skates.*

Tuesdays 5:15pm - 5:45pm

### Youth Hockey Skating Skills 1

*Must skate in hockey skates.*

Tuesdays 5:45pm - 6:15pm

Saturdays 11:15am - 11:45am

### Youth Hockey Skating Skills 2

Tuesdays 5:45pm - 6:15pm

### Youth Stickhandling 1 (Gear Required)

Tuesdays 6:15pm - 6:45pm

Saturdays 11:45am - 12:15pm

### Youth Stickhandling 2 (Gear Required)

Tuesdays 6:15pm - 6:45pm

### Youth Clinic 3 (Gear Required)

Tuesdays 7:15pm - 8:15pm

Fridays 6:15pm - 7:15pm

### Adult Hockey Clinic (Gear Required)

Mondays 6:30pm - 7:30pm



**\*\* PLEASE NOTE: Classes with less than 3 skaters may be canceled or combined.\*\***

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