

# The Skating Academy Times

A PUBLICATION OF ICE STATION VALENCIA

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## CURLING COMES TO ICE STATION

What is one of the fastest growing Olympic sports in Southern California, has now made its debut at Ice Station Valencia! In fact, more than 400 people have attended clinics at Ice Station Valencia.

Curling, which dates back to the 1500's in Scotland, has shown steady growth for the last several years particularly here in Southern California. On Feb. 13th, the first of four weekend curling clinics was held at Ice Station.

Members of the Hollywood Curling Club were on hand to instruct, help and teach curling to the 30 people who were in attendance for the very first clinic. Under Curling Club president Nick Kitinski, attendees started in the upstairs banquet room of Ice Station, by watching a DVD of Curling, followed by an off-ice talk and discussion by Nick. Next came

the on-ice portion of the clinic. Amid the laughter of new curlers, trying to maintain one's balance and learning to "release" the stone, participants began mastering the balancing skills necessary

long-time member of the Curling Club, has to use a special spraying head to "pebble" the ice prior to the start of the game. Pebbling the ice allows the stone to glide on the small pebble-like water drops; thus helping the stone to not slow down as fast as it might without the pebbling. The "sweepers" help guide the stone towards the target or "house" as it's called. The center of the target is called the "button." Curling is also a game of strategy, according to Nick.

Ice Station has now played host to four clinics. In fact, at the most recent clinic, both the NHL and Pond were used for the clinic. Returning curlers from previous clinics had an opportunity to actually play a full game on the Pond.

**More Photos of the Clinics are on Page 2.**



Attendees, including Patrick Frohling (left) and mom Kerry, right, and dad Tom, third from left, worked hard during the clinic. Hollywood Curling Club President Nick Kitinski (behind wearing hat, left) explains fundamentals involved in curling.

to deliver the stone.

Conditioning the ice, prior to starting, is extremely important. James Auld a

**THE SKATING ACADEMY TIMES**  
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*MICHAEL E. TAMRES, EDITOR*

*New Found Interest*

**I**n case you hadn't noticed (check out the pictures and story in this issue) Curling has come to Ice Station Valencia. The reception has been excellent. With the cooperation and help from the Hollywood Curling Club Ice Station has launched a new sport, which just happens to be one of the fastest growing Olympic sports in Southern California.

Curling is fun, brings together people from all walks of life and challenges all who begin. Sure, it looks easy on TV, (thanks to the fine coverage of this old sport), but don't fool yourself. It requires a variety of skills, including thought, balance and some dexterity. Because of the response, Ice Station Valencia will develop and start a curling league, in the near future.

And for your information, curling is a sport for all ages—from 10 to 100.

People from all walks of life are signing up to have fun. We hope that all who read this newsletter and others, to sign up, come in and enjoy!

Hollywood Curling Club member Steven Beres (below) "pebbles" the ice surface before curling be-



Ice Station Valencia's General Manager Matt Witten (kneeling) takes aim at the center of the target or "button"



The on-ice portion of the clinic gave participants a chance to actually "curl" after learning the basics. Below, new curlers get their chance to deliver the stone to the other end. The stones, made from granite, weigh 42 pounds each.





Delivering the Stone

Hollywood Curling Club president Nick Kitinski, right, gives a pointer to a clinic attendee on delivering the stone down to the

# Ice Station In-House Event Set for April 11, 2010

Members of The Skating Academy at Ice Station Valencia joined other ISV skaters who take private lessons in the Annual In-House Competition. Academy skaters competed in various categories geared towards skills they've learned in their classes. Skaters who currently take private instruc-

tion competed in events which are at their level of skating. The competition is endorsed by the Ice Skating Institute.

Skating Academy co-director Peggy Tamres said more than 100 skaters entered the competition. She added that the number was slight more than last year's figure.

### Another Notable Visitor to ISV

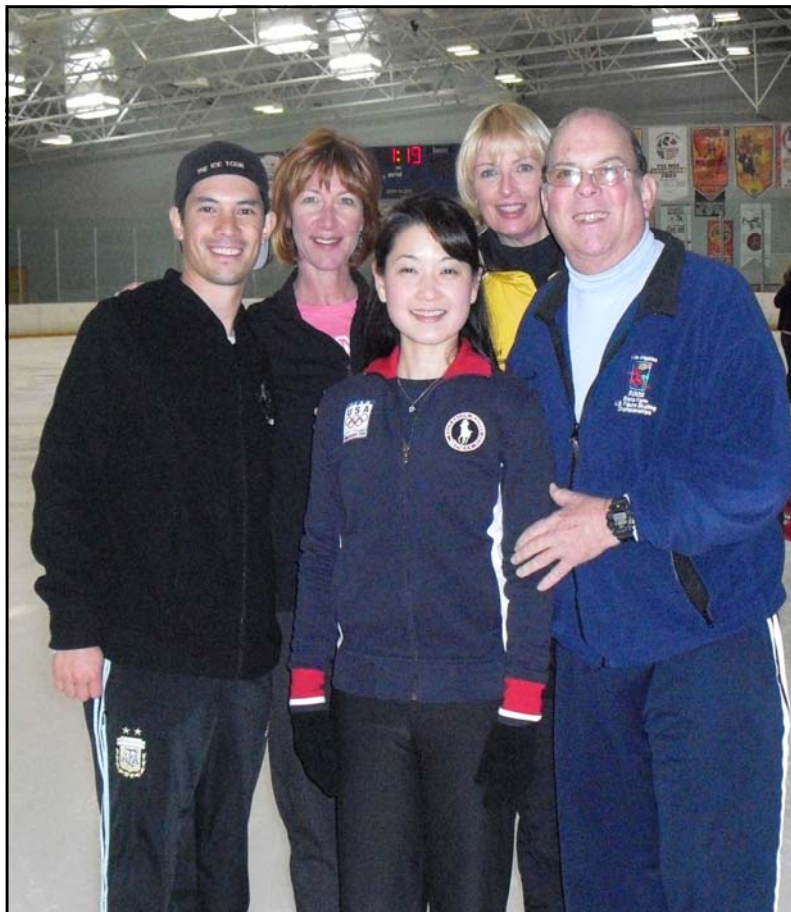
Former World Champion and now coach, Yuka Sato (middle) took a few minutes out of learning a new skating routine for Stars on Ice here at Ice Station Valencia. Choreographer Cindy Stuart (second from left) and Yuka's partner in the show, Chucky Klapow (left). Ice Station Valencia's Skating Co-Directors, Peggy Tamres (second from right) and Mike Tamres (right) welcomed Yuka who now coaches National Senior Men's Champion Jeremy Abbott

### ISV Skaters, Con't from Pg. 3

1st, Surprise FS3;Clare Tomei, 1st, Surprise, FS3; Christina Lim, 3rd, Surprise FS4;Ice Station Team B, 3rd, Team Surprise; IceStation Team C, 4th, Team Surprise, Ice Station Team A, 5th Team Surprise;Jhaica Ora, 1st, Artistic FS3, Kelsey Taylor, 4th Artistic FS3;Clare Tomei, 5th, Artistic FS3;Synch Form, 3rd, Ice Angels; California Girls, 1st, syncho skate; Shannon Soto, 1st, Artistic FS4; Sayuri

Senadheera,1st,Artistic FS3;Gillian Nelson, 5th Artistic FS4; Suzie Frierson, 5th Artistic FS4; Casey Kim, 6th,Artistic FS4; Melanie Karunasiri, 1st, FS3;Jessica Ora, 3rd, FS3; Sayuri Senadheera,1st, Rhythmic Hoop FS2; Sayuri Senadheera, 1st, FS3; Jhaica Ora,2nd ,Rhythmic Ribbon; Sayuri Senadheera & Melani Karunasiri,1st Couples Spot, Lt. Enter, med; The Wizard of Oz, 3rd, Ensemble; A Fishy Tale, 4th, Ensemble; Shannon Soto& Gillian Nelson, 3rd Couples Spot. Lt. Ent.Int.; Minuri Karunasiri, 6th, Delta; Madeline Fayne, 6th Surprise, Alph;Madeline Fayne 1st, Solo Comp Beta; Sayur Sendadheera and Jhaica Ora, 1st,Jump & Spin Med; Kelsey Taylor & Clare

Also: Mimi Parrott, 3rd Beta;Suzie Frierson, 4th Theme Spot FS4; Madeline Fayne, 3rd Drama Spot Beta; Minuri Karunasiri, 1st, Lt Ent. Spot, Delta; Jessica Kemper, 3rd Lt Ent. Spot, Gamma; Mimi Parrott, 3rd, Lit Ent Spot Beta; Clarissa Terris, 3rd, Drama Spot FS4; Emma Coppess, 1st, Artistic Silver; Gillian Nelson & Christina Lim, 1st, Jump & Spin; Suzie Frierson, 3rd, FS4; Christina Lim, 3rd, FS4;Clarissa Terris, 5th, FS4; Gillian Nelson,4th, FS4; Shannon Soto, 5th, FS4; Emma Coppess, 1st, FS Silver; Christina Lim, 3rd Solo Comp FS4; MelaniKarunasiri, 6th, Char. Spot. FS3; JhaicaOra, 2nd, Lt. Ent. Spot FS3; Courtney Brewster, 6th,FS Silver; Nandi Moore 3rd, FS 2; Clare Tomei, 2nd, Solo Comp. FS3; Kelsey Taylor, 4th, Solo Comp. FS3; and Remy Bell, 2nd Alpha.





**“Golden Girls”**

Members of Ice Station’s California Girls show off their gold medals after ISI’s Winter Classic in Anaheim. From left top row: Ashley York, Caitlin Benti, Teresa Csernosk, Nandi Moore Jessica Lahmidi and Jenny Logan. Bottom: Samantha Essayan, Michelle Bae, Skular Truchinski, Marie Samuel and Allison Grandilli.

# Ice Station Skaters Fair Well In Southland Area Competitions

Ice Station Valencia’s synchro team, California Girls, brought home the gold, in not one, but two recent competitions.

Gold medals were won at the recently held California State

Games in San Diego, and at the ISI Winter Classic held in Anaheim.

The team is coached by ISV Staff coaches Lisa Jordan and Julie Stevens-Marshall. In addition to the synchro team, other ISV skaters

did well at the ISI Winter Classic.

The skaters, and their placement and category are:

Navodi Weerasinghe, 1st and 3rd, Artistic and Drama Spot; Sophie Bell, 1st, Tot 2 Spot; Jessica Kemper 4th, Theme Spot; Madeline Fayne, 4th, Theme Spot; Deborah Hansen, 1st, Theme Spot Beta; Kelsey Taylor, 1st,

(Continued on Back Page)



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## Music on Ice

Canadian vocalist Michael Bublé at Ice Station Valencia shooting a music video, took time out to pose for a picture with Ice Station skating student and coaches. Michael, who grew up playing hockey in British Columbia, Canada, also took a few “shots on goal” during his breaks from shooting. Below Michael had fun with ISV skaters. From left are: Staff Coach Lisa Jordan, Kelsey Taylor, Sarah Aikman, Michael, Class Coach and skater Beneta Williams and Akari Nakahara.



Hockey players in the youth and adult programs are eligible for a Special Pro-Rated Discount. Check it out by calling John Fregeau at ISV’s Hockey Department, 661-775-8686, ext. 204